

# CUPBOARD NATURAL FOODS & CAFE



NATURAL FOODS & CAFE

Denton, TX (940) 387-5386

## EMPLOYMENT APPLICATION

At Cupboard Natural Foods & Cafe, we employ more than 40 people in jobs ranging from part-time, after school positions to full-time career opportunities with benefits. We offer a fast paced and satisfying work environment and the opportunity to learn more about natural foods and supplements. The Cupboard is composed of a fun-loving motivated group of people who love food and who work hard to contribute to the health of our customers and the overall success of the store. We are seeking people who appreciate good health, who want to share their knowledge with our customers, and provide great customer service. Thank you for completing this application and for your interest in working at the Cupboard!

<b>Personal</b>			
<b>Last Name</b>	<b>First</b>	<b>Middle Initial</b>	<b>Cell Phone #</b> Prefer voice or text (circle one)
<b>Address</b>			<b>Home telephone #</b>
<b>Email address</b>			
<b>Interests</b> (circle as many as you like):  Cashier      Cafe      Grocery Clerk      Nutrition Clerk      Other			<b>Total hours per week available:</b> _____  <b>Date you can start:</b> _____
<b>Days and hours available</b> (be specific):  Sun: _____ Mon: _____ Tues: _____ Wed: _____ Thurs: _____ Fri: _____ Sat: _____			

# Education

Circle Highest Grade Completed:

High School:            9      10      11      12

College or Trade:    1      2      3      4

Graduate: \_\_\_\_\_

School	Location	Major Studies	Degree, Diploma, License, or Certificate
High School			
College/University			
Vocational, Business, Other			

List any professional designations

Other special knowledge, skills, qualifications

# General

Reason for wanting to work at the Cupboard: \_\_\_\_\_

My interest in whole foods and supplements is: \_\_\_\_\_

How did you hear about the Cupboard? \_\_\_\_\_

Please tell us about some of the skills that you possess that would contribute to the success of the Cupboard:

Have you ever been convicted, plead guilty, plead no contest, or received deferred judgement of any crime? (A yes response does not automatically disqualify your application. Your signature on the last page of this application is authorizing Cupboard Natural Foods & Café to conduct a background check.)    \_\_\_\_\_ YES    \_\_\_\_\_ NO

Are you 18 years of age or older    \_\_\_\_\_ YES    \_\_\_\_\_ NO

Do you have the manual dexterity to operate the following machinery/equipment:

Calculator/Adding Machine    \_\_\_\_\_ YES    \_\_\_\_\_ NO    Tablet/Keyboard    \_\_\_\_\_ YES    \_\_\_\_\_ NO

Do you possess basic arithmetic skills (ie. addition, subtraction, multiplication, division)?    \_\_\_\_\_ YES    \_\_\_\_\_ NO

Are you able to push/pull 20 lbs up to 10 times per hour?    \_\_\_\_\_ YES    \_\_\_\_\_ NO

Are you able to stand constantly for up to 8 hours at a time?    \_\_\_\_\_ YES    \_\_\_\_\_ NO

Are you able to lift 50 pounds up to 6 times per hour?    \_\_\_\_\_ YES    \_\_\_\_\_ NO

# Employment History

List all employment, starting with the most recent position. You may attach a resume, but not in place of completing the required information. **All information must be completed.**

Employed from / /	Employer name:	
Employed until / /	Employer address:	
Job title:		Reason for leaving:
Duties & responsibilities:		
Work Reference Name: _____ Relationship: _____ Phone Number: _____		

Employed from / /	Employer name:	
Employed until / /	Employer address:	
Job title:		Reason for leaving:
Duties & responsibilities:		
Work Reference Name: _____ Relationship: _____ Phone Number: _____		

Employed from / /	Employer name:	
Employed until / /	Employer address:	
Job title:		Reason for leaving:
Duties & responsibilities:		
Work Reference Name: _____ Relationship: _____ Phone Number: _____		

# Certification & Authorization

I certify that all information that is provided in this application is true and correct. I understand that any false information or omission may disqualify me from further consideration for employment and may result in my dismissal if discovered at a later date, regardless of the time elapsed after discovery.

I authorize Cupboard Natural Foods & Cafe (the "Company") to investigate my educational, criminal, professional, and past employment history references as needed to research my qualifications for this position. I hereby give my consent to any former employer to provide employment related information about me to the Company and will hold the Company and my former employer harmless from any claim or employment decision made on the basis of such information.

I understand that nothing in this employment application, the granting of an interview, or my subsequent employment with the Company is intended to either create an employment contract between the Company and myself or guarantee employment for any for any definite period of time. On the contrary, I understand and agree that, if hired, my employment will be terminable at will and may be terminated by me or the Company at any time and for any reason, and with the Company's sole obligation being payment of wages vested through the last day worked.

If employed, I will be required to provide original documents which verify my identity and right to work in the United States under the Immigration Reform and Control Act (IRCA) of 1986. The document(s) provided will be used for completion of Form I-9.

I hereby acknowledge that I have read and agree to the above statements.

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Signature

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Date

Cupboard Natural Foods & Cafe is an opportunity/affirmative action employer. All qualified applicants will be considered without regard to age, race, color, sex religion, national origin, marital status, ancestry, citizenship, veteran status, sexual orientation or preference, or physical or mental disability. Your opportunity for employment with the Cupboard depends solely on your qualifications.