



**Cupboard**  
Natural Foods

Promoting a Healthy Community

(940) 387-5386  
200 West Congress Street  
Denton, Texas 76201  
www.cupboardnaturalfoods.com



## Save on Your Favorites :: August Specials



**ENVIRO KIDZ**  
Organic  
Cereals  
Assorted

**\$3.99**



ORGANIC  
PRODUCE  
**Strawberries**  
**\$3.49**  
per lb.

ORGANIC  
PRODUCE  
**Plums** **\$2.39**  
per lb.



**BIG SALE  
THIS WEEK!**  
20% Off All Non-Sale Items  
10% Off Beer, Wine & Cafe  
**Wednesday,  
August 2, 2017**



### Buy Bulk and Save

- Fresh Grind Organic Almond Butter ... **\$9.99/lb**
- Organic "Gluten-Free" Rolled Oats ... **\$2.29/lb**
- Forbidden Chinese Black Rice ... **\$2.99/lb**
- Organic Multi-Color Popcorn ... **\$.99/lb**
- Organic Dry Roasted, Shelled Peanuts ... **\$4.99/lb**
- Tamari Roasted Sunflower Seeds ... **\$3.49**
- Raw Walnuts ... **\$4.99/lb**
- All Tierra Farm Granolas ... **20% Off**
- Organic Dried Pineapple ... **\$9.99/lb**
- Dried Mango (Unsweetened) ... **\$9.99/lb**
- Turbinado Sugar ... **\$1.79/lb**



ORGANIC  
PRODUCE  
**Vine Ripe  
Tomatoes** **\$1.39**  
per lb.

Organic Girl  
Salad  
Mixes **\$3.99**  
5 oz. bag



**KETTLE**  
BRAND  
**POTATO CHIPS**  
BACKYARD  
BARBEQUE.  
Select Flavors  
5 oz.

**\$1.99**



ORGANIC PRODUCE  
**Tommy Atkins  
Mangos** **\$1.39**  
each

ORGANIC PRODUCE  
**Golden Delicious  
Apples** **\$1.79**  
per lb.



ORGANIC  
PRODUCE  
**Kale** **\$1.69**  
bunch

ORGANIC PRODUCE  
**Baby Rainbow  
Carrots** **\$1.99**  
bag



LOCAL  
**Fresh Exotic  
Mushrooms,  
Lettuces,  
Onions, Garlic  
& Micro Greens**

**NEW!**

**CUPBOARD VITAMIN VALUES  
EVERYDAY SAVINGS**  
All Vitamins 15% Off List  
Price

Plus Spend Over \$100 in Vitamin  
Products and Receive a \$10  
"Future Purchase" Coupon to  
Use Anywhere in the Store!



**KIND BARS**  
Select Flavors

**4 for \$5**

Good Thru August 31, 2017

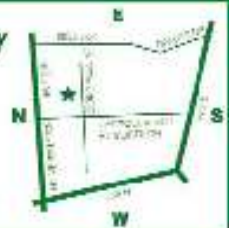


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## Save on Supplements

WISHGARDEN  
**Genius Juice and  
Daily Immune for Kids**

**20% Off**



NORDIC  
NATURALS  
**Selected Fish Oil  
and Omega-3  
Products**

**20% Off**

LIFE SEASONS  
**Visiblll-T and  
Breath-X**

**20% Off**



All Irwin Naturals  
**Brain & Energy  
Products**

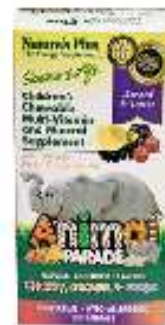
**25% Off**

AMAZING GRASS  
**Protein Superfood  
All Flavors**

12 oz.

**\$5 Off**

With Shelf Coupon



NATURE'S PLUS  
**Source Of Life®  
Animal Parade®  
Kids Multis**

**20% Off**



LILY OF THE  
DESERT  
**Aloe Vera Juice**  
With Pulp  
Assorted Flavors  
32 fl. oz.

**\$6.69**  
Save \$2.80

BURIED TREASURE  
**Liquid "Added  
Attention"**

**20% Off**



NATROL  
**DHEA**  
50 mg  
60 tablets

**\$7.99**  
Save \$2.90

COUNTRY LIFE  
**Stress Vitamins**

**25% Off**



RAINBOW LIGHT  
**Sunny Gummies**  
400 IU Vitamin D  
60 PC

**\$8.99**  
Save \$3.00

CUPBOARD BRAND  
**Calcium &  
Magnesium Citrates**  
250 tab

**25% Off**

Purchase \$100 in Vitamins, Get a \$100 "Future Purchase" Coupon!



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## Cool Deals



RUMIANO  
FAMILY  
**Organic Sliced  
Cheese**  
6 OZ

**\$3.49**



AMY'S  
**Veggie Burgers** **\$5.79**  
Select Styles



BROWN COW  
**6 oz Cream  
Top Yogurts**  
Assorted  
6 oz.

**79¢**



BUENATURAL  
**Organic Corn  
Tortillas**  
8 oz.

**\$1.39**



BLUE DIAMOND  
**Almond Breeze**  
Assorted  
64 fl. oz.

**\$3.49**



LIFEWAY  
**Tart & Tangy  
Pomegranate  
Kefir**  
16 OZ

**\$3.49**



CADIA  
**Organic  
Breads**  
24 OZ

**\$3.99**

Every Day  
Low Price

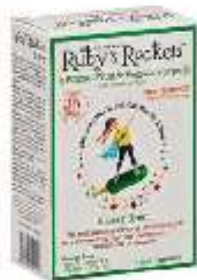


QUORN  
**Meatless Chik 'N  
Nuggets** **\$3.99**  
13.6 oz.



WILDBRINE  
**Korean  
Kimchi**  
18 OZ

**\$5.49**



RUBY'S  
ROCKETS  
**Frozen Fruit &  
Veggie Pops**  
10.5 OZ

**\$3.59**



ALMOND  
DREAM  
**Almond Yogurt**  
Mixed Berry or Vanilla  
6 OZ

**\$1.29**



FLYING COWGIRL  
**Local Grass-Fed  
Longhorn  
Ground Beef**

**\$7.49**  
per lb.

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## Healthy Choices



LUNDBERG  
Rice Chips  
Assorted  
6 oz.

**\$2.49**



ENVIRO KIDZ  
Organic Crispy  
Rice Bars  
Assorted  
6 bars, 6 oz.

**\$3.69**



NATURE'S PATH  
Organic Toaster  
Pastries  
Assorted  
6 tarts, 11 oz.

**\$3.49**



ALO  
All Natural  
Aloe Drink  
Assorted Flavors  
15.9 fl. oz.

**\$1.79**



BARBARA'S  
BAKERY  
Cheese Puffs  
Select Varieties  
7 oz.

**\$2.39**



UNCLE SAM  
Original  
Whole Wheat  
& Flax Cereal  
13 oz.

**\$2.59**



SURF SWEETS  
Select Gummy  
Candies  
2.75 OZ.

**\$1.89**



SANTA CRUZ  
Organic Apple Sauce  
Original  
6 pack, 4 oz. ea.

**\$3.89**



HONEST TEA  
Ready-To-Drink  
Organic Tea  
Assorted  
16 fl. oz.

**\$1.69**



R.W. KNUDSEN  
Natural Juice  
Blends  
Select Flavors  
32 fl. oz.

**\$2.99**



WHOLESOME  
SWEETENERS  
Organic Blue  
Agave  
23.5 fl. oz.

**\$6.99**



ARK  
NATURAL S  
Sea "Mobility"  
Chicken Jerky  
9 oz.

**\$8.99**

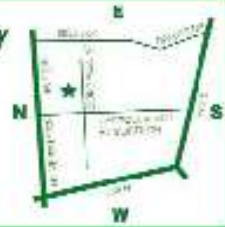
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## Storewide Savings



AVALON  
ORGANICS  
**Shampoo or  
Conditioner**  
Assorted  
11 fl. oz.

**\$7.39**



ALBA BOTANICA  
**Pineapple Enzyme  
Cleanser or Scrub**  
8 fl. oz.

**\$8.99**



CRYSTAL BODY  
**Crystal Body  
Roll-On  
Deodorant**  
2.25 fl. oz.

**\$2.99**



REDMOND  
**Earthpaste**  
Assorted  
4 OZ.

**\$4.99**



HYLAND  
**4Kids Calm 'n  
Restful**  
125 TB

**\$6.99**



SIMILASAN  
**Homeopathic  
Pink Eye Relief  
Drops**  
.33 fl. oz.

**\$9.99**



NUTIVA  
**Organic  
Coconut Oil**  
Extra Virgin  
16 oz.

**\$8.49**  
Every Day  
Low Price.



ZEVIA  
**Stevia Sodas**  
All 6 Packs

**\$3.79**  
Every Day  
Low Price.



CHOCOLOVE  
**Select Premium  
Chocolate Bars**

**\$1.99**  
Every Day  
Low Price.



EARTH FRIENDLY  
**Fruit &  
Vegetable Wash**  
Spray Bottle  
10.5 oz.

**\$2.99**



BIOKLEEN  
**Dishwashing  
Liquid**  
32 fl. oz.

**\$4.99**



MRS. MEYER'S  
**CLEAN DAY  
Liquid Dish  
Soap**  
Assorted  
16 oz.

**\$3.99**

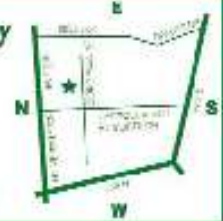
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## Your Local Store & More!



### EXTRAORDINARY LOCAL CUPBOARD PRODUCTS

Local, Mill King NON-  
Homogenized Whole  
Milk

Local, Booth's Brew  
Kombucha (Bottles &  
Growlers), Denison, TX  
Local, Denton Bookish  
Bulk Coffee Beans  
Bulk Organic Spices  
(Best Ever, Why Pay for  
Packaging?)

Local, Tree Folk Exotic  
Mushrooms

Local, "Pastured"  
Chicken from Windy  
Meadows Farm,  
Campbell, TX  
Local, Sausage Selection  
from Fran's, Milford, TX

Local, Aquaponic  
Produce  
Local, Cardo's, Wolf  
Creek Farm & Rainbow  
Sprinkles Farm Produce  
Local, Mother Raw Apple  
Cider Vinegar/Fruit Juice  
Drinks



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